Written by Thomas Christides MD, Internist, ENT Surgeon, Integrative Research and Natural Healing - Last Updated Sunday, 10 May 2015 22:10

THE REAL CAUSES OF DISEASE IN A POPULATION OF 1115 EUROPEAN MULTISYMPTOMATIC PATIENTS WITH CHRONIC INFLAMMATORY AND DEGENERATIVE AILMENTS

### **Abstract**

A number of 1115 multi symptom patients with chronic inflammatory and degenerative diseases have been studied during a 4 year period of time between October 2010 and October 2014. Inadequate response to conventional therapies led them to seek alternative solutions.

The aim of this study was to find the "real causes" of their pathogenesis. The research was performed using two German bio resonance devices: VEGA Expert and MORA in combination with AK-Muscle Testing (Christides – Zagles) and Autonomic Response Testing (according to Dr. D. Klinghardt).

Twenty five causative factors in different combinations where found to contribute to their biochemical and energetic imbalances leading to disease. Prioritizing of main causative factor of any pathology was performed in any case.

### **Results**

The following causative factors have been identified to contribute to their multisystem pathologies.

In a group of 165 patients (first group) over 60 years old The main causes of their bad health were:

Total toxic load: 58 (35,15%)
Vaccination stress: 32 (19,39%)
Yeast and Molds: 26 (15,75%)
Geopathic Influences: 19 (11,52%)
Vegetative imbalance: 15 (9.09%)
HMT – Heavy Metal Toxicity: 6 (3,63%)

Food allergy: 5 (3.04%)

Other causes – Bacterial, Viral and Parasitic Latent Infection 4 (2,43 %)

In a group of 950 patients under 60 years old The main causes of their bad health were:

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Vaccination Stress: 510 (53.68%) Total toxic load: 105 (11,05%)

Matrix interference fields - Vegetative imbalance: 91 (9,58%)

Yeast and Molds Infestation: 74 (7,80%) HMT - Heavy Metal Toxicity: 59 (6,21%)

Geopathic Stress: 65 (6,84%) Food Allergy: 21 (2.21%)

Others – Electromagnetic Fields Influences (8), Mineral and Trace Elements Deficiency(4), Hormonal imbalance, Acid Base imbalance, Bacterial and Viral latent infections, Doctors and Drug Abuse (11), DNA(1), Inborn enzymatic error (1): 25 (2,63%)

Total Toxic Load – Environmental Toxins, Heavy Metals, Toxins from dysbiotic colon and Metabolic Toxins are the most common cause in group over 65 years old patients. Immune defect resulted from vaccination proved to be the most common "root cause" of bad heath in group under 65 years old patients.

#### **Conclusions**

The same causative factors can produce different manifestations of Inflammatory, Allergic or Degenerative type according to our Biochemical individuality and living and behavioral habits. I don't care what my patients are suffering from but WHY. Diagnoses like arthritis, colitis, migraine, asthma, lupus etc. are just baptizing of a compilation of symptoms and not a real diagnosis. To help in any case of pathology, we need to pinpoint all factors contributing to given pathology and eliminate them by natural means.

After 52 years of medical experience as pathologist, ENT specialist with more than 2000 surgical operations and integrative researcher I came to the conclusion that whatever we doctors will do will never be able to surpass the wisdom of the human body to heal itself.

hat's why instead of intervening to the human body of which we know little, it would be more reasonable to find the causes of any pathology and eliminate them by natural means. Allopathic Doctors, not being able to detect and eliminate organ damaging pathologies early enough, remove organs (e.g. gallbladder, appendix, tonsils, thyroid, ovaries, uterus, spleen, to mention the most common) turning people into invalids.

Quantic Biocybernetic Medicine can pinpoint dysfunctional organs or systems years before the damages become visible. This is the reason that QBC Medicine is considered Preventive Medicine – Functional Medicine.

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Nothing will change unless some alternative diagnostic and therapeutic methods like homeopathy, herbology, acupuncture, kinesiology, neural therapy are incorporated to basic or post-graduate medical education in the future.